



International Congress
of School Feeding
Programmes - Building
Pathways to Food and
Nutritional Education

RECOMENDATIONS OF THE INTERNATIONAL CONGRESS OF SCHOOL FEEDING PROGRAMMES: BUILDING PATHWAYS TO FOOD AND NUTRITIONAL EDUCATION

- **03 - 06 October, 2017 - Brasilia, Brasil.**
- **Participating countries:** Bahamas, Barbados, Belize, Brazil, Chile, Colombia, Costa Rica, El Salvador, Grenada, Guatemala, Haiti, Honduras, Italy, Jamaica, Mexico, Nicaragua, Panama, Paraguay, Peru, Saint Vincent and the Grenadines, Trinidad and Tobago
- Event promoted by the FAO-FAO FAO Project with the goal of strengthening school feeding programs, especially in the area of Food and Nutrition Education.
- The project operates in 13 countries: Belize, Costa Rica, El Salvador, Grenada, Guatemala, Guyana, Honduras, Jamaica, Paraguay, Peru, Dominican Republic, Saint Lucia, Saint Vincent and the Grenadines.
- It has the technical and financial support of Brazil's National School Feeding Programme (PNAE), created 60 years ago, internationally recognized by developing countries as a reference programme for its coverage of 43 million students per day.
- The event brought together representatives of 23 countries, nearly 300 participants among nutritionists, managers and educators to discuss the role of school feeding and share experiences on food and nutrition education.
- Several lectures were presented with various topics to promote the construction of knowledge about the subject. In addition, to establish a close link between this FNE issue and the school feeding policy.



Organización de las Naciones
Unidas para la Alimentación
y la Agricultura



MINISTÉRIO DA
EDUCAÇÃO





International Congress
of School Feeding
Programmes - Building
Pathways to Food and
Nutritional Education

- The result was a document produced collectively with recommendations for actions related to three main areas: access to food, knowledge building and promotion of healthy habits, as it follows.
- Recommendations will be published on the congressoae.org website to support managers, nutritionists and educators in the discussion on the topic.



Organización de las Naciones
Unidas para la Alimentación
y la Agricultura



FNE
Fundação Nacional
de Desenvolvimento
da Educação



ABC
AGÊNCIA
BRASILEIRA DE
COORDENAÇÃO

MINISTÉRIO DA
EDUCAÇÃO





International Congress
of School Feeding
Programmes - Building
Pathways to Food and
Nutritional Education

SYNTHESIS OF RECOMMENDATIONS OF THE CONGRESS FOR THE THREE AXES OF FNE:

	Knowledge Building	Healthy Habits	Access to Food
Latin America	<ul style="list-style-type: none"> - Identify a FNE programme as a continuous process, with different methodologies, School Gardens distance courses, aimed at Sustainable School Feeding Programmes. - To work in inter-institutional and cross-sectoral teams, to take school feeding to another level, and to recover anthropological knowledge to understand the answers and practices and families and the community and to be able to support the teaching/learning process. - Rescue of practices adaptable to the reality, with differentiated focus on gender and ethnicity - Experiential food education, for knowledge building, skills creation for the entire educational community - Continued promotion of institutionalized FNE strategies and methodologies at all levels in the countries, considering the transversality of food and nutrition (SAN) - Involve all actors in the knowledge building, for implementation in community schools, including training schools (Academy) 	<ul style="list-style-type: none"> - Promote healthy practices rescuing local culinary techniques with teachers, parents, school and all the educational community. - Safe drinking water consumption - Prioritize consumption of local healthy foods - Use social marketing to access people's minds about healthy habits - Increase hours of physical activity in schools - SFPs including healthy foods - Schools promoting environmental and nutritional education actions, involving physical activity - Hold workshops or fairs on health and healthy eating - Creation of regulatory frameworks for nutrition and advertising labels - Development of learning guides - Develop teaching videos to promote safe eating habits. - Implement actions at various levels of the educational community to establishing commitments of improvement. - Technical support to legal frameworks - Continuing food education - FNE in the school curriculum - Strengthen training in personal hygiene - Promotion of the work of nutritionists in schools - Regulation of food sale in cafeterias 	<ul style="list-style-type: none"> - Strengthen Family Farming to produce food locally at affordable prices and promote regulations for the purchase of food from the FF. - Promote the institutionalization of school cooperatives, for the promotion and incentive of self-sustainable production in schools. - Purchase organic and agro-ecological foods. - Access to knowledge in food, healthy eating at all levels (FNS) - Facilitate the provision of adequate cultural food to all schoolchildren - Budget at national and municipal levels to universalize school feeding - Strengthen the inter-institutionality of public policies in FNS, by encouraging SFPs at all levels - Social participation in the decision-making of the public policies to food access - Establish FNS within a policy framework to ensure its implementation and allocation of resources.



Organización de las Naciones Unidas para la Alimentación y la Agricultura



MINISTÉRIO DA EDUCAÇÃO





International Congress
of School Feeding
Programmes - Building
Pathways to Food and
Nutritional Education

		<ul style="list-style-type: none"> - Continual training for parents' organizations and family farmers 	<ul style="list-style-type: none"> - Choose menus with the participation of the School Feeding Council. - Rescue of culturally accepted and locally produced foods. - Include in the curriculum the subjects related to FNS, food and nutrition.
Caribbean	<ul style="list-style-type: none"> - create an environment for sharing and communicating knowledge - Training and capacity building - Extension Programs - Remote/Long distance learning - research on eating habits and local knowledge - training, exchange of information and knowledge: creating appropriate environment/condition/competencies; involving principals, teachers, students, and parents - integrate into the curriculum (also in traditional languages), policies - appropriate materials, involving students in their elaboration 	<ul style="list-style-type: none"> - nutritional education - environmental support - school gardens - greater access to healthy food - family farming - introduce nutritional education at the pre-school level - research on eating habits/food selection and health - support in the implementation of food guides with school menus - comprehensive action to facilitate the participation of all actors: start with parents; start in pre-schools; create a culture of inclusion and cooperation - school gardens - promote healthy habits: real food; less sugar/salt; less processed foods and sweet drinks; sports; healthy and varied foods; healthy water; positive relationships/love 	<ul style="list-style-type: none"> - funds for food purchases - knowledge + skills in food production - know where food is located in communities that share food with students and their families - policies to promote sustainable agriculture and SFP - SFP as a right and responsibility of the state - promote SFP for better access to (culturally accepted) food production and services, - involve the private sector to make SFPs more efficient (cost) - promote unused local food - lower production cost and healthy food costs - strengthen the creation of local businesses
Brazil	<ul style="list-style-type: none"> - valuing all actors - to encourage and sensitize managers 	<ul style="list-style-type: none"> - consumption of fruits and vegetables - promotion in government advertising 	<ul style="list-style-type: none"> - commitment of managers with healthy eating habits





International Congress
of School Feeding
Programmes - Building
Pathways to Food and
Nutritional Education

	<ul style="list-style-type: none"> - comprehensive training of professionals from various fields - building work alongside with the community since the planning stage - use of participatory methodologies - continuing training of education and nutrition professionals - promote the exchange of experiences - search your own qualification - investing in surveys and studies with the students themselves - work FNE as a transversal action - insert the school feeding policy in PPP of municipalities and departments - articulate with universities and NGOs - value all stakeholders - financing for FNE actions - promote playful activities at school to stimulate student participation - use participatory, collective, cross-sectoral and transdisciplinary methodologies - promote FNE evaluation processes - lead the student in school actions for FNE - promote partnerships between the various secretariats for multi-stakeholder training in an integrated manner 	<ul style="list-style-type: none"> - self-example - respect for regional and local food culture - consumption of real food (unprocessed/non-processed) - regulate food advertising - broadening the discussion to various social groups - prioritize organic - involve the entire school community - encourage the cooking habit (cooking classes) - promote healthy eating at school and at home - stimulate school and family gardens - prioritize the involvement of the community and government - use the food guide - involve various actors - stimulate the use of physical activities and walks in school - stimulate the use of non-conventional plants - preserve and stimulate food diversity - stimulate autonomy in the choice of what to eat - discuss FNE outside the classroom - involve the local community in the debate - reduce the consumption of industrialized drugs - invest in FNE since age 0 - flexible school feeding schedules - incentive to agro-ecological production - stimulate water consumption - prioritize support policies for small rural producers - Promote legislation on food labeling - stimulation of biological control (do not use pesticides and insecticides) 	<ul style="list-style-type: none"> - stimulate the consumption of real food - guarantee access to organic - strengthen family farming as a public policy strategy - stimulate the implementation of school gardens - stimulate the use of organic food - strengthen the SFPS as a sustainability policy - ensuring other FNE-related policies (such as access to land, income, transport, distribution) - guaranteeing the right to food at school - ensure adequate food supply in quality and quantity - ensuring sufficient financial resources for the purchase of products - ensuring adequate time and place for meals - ensure food access to even the most distant schools - promote urban and community gardens - set up supply centers - plan FNE actions - expand public-private partnerships - strengthen shared responsibility to ensure access to quality food - guarantee quantity and quality of food for all students
--	----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------



Organización de las Naciones
Unidas para la Alimentación
y la Agricultura



FNDE
Fundo Nacional
de Desenvolvimento
da Educação



ABC
AGÊNCIA
BRASILEIRA DE
COORDENAÇÃO
MINISTÉRIO DA EDUCAÇÃO

MINISTÉRIO DA
EDUCAÇÃO



BRASIL
GOVERNO FEDERAL



International Congress
of School Feeding
Programmes - Building
Pathways to Food and
Nutritional Education

			- suitable activities for each group of students
--	--	--	--------------------------------------------------



Organización de las Naciones
Unidas para la Alimentación
y la Agricultura



FNE
Fundo Nacional
de Desenvolvimento
da Educação



ABC
AGÊNCIA
BRASILEIRA DE
COORDENAÇÃO

MINISTÉRIO DA
EDUCAÇÃO

